

# Coastal Tennis

## 2020/21 Tennis Programmes



at City Beach Tennis Club, 6 Frinton Avenue, City Beach.

Head Coach Nick Kirkbride 0419 923 495 [www.coastaltennis.com.au](http://www.coastaltennis.com.au)

COASTAL TENNIS JUNIOR COACHING 2020/21 All groups will run for an 8 week duration						
Class type	Day	Class time	Term 4 commences	Term 1 commences	Group size	Cost per term
TINY TENNIS 3-5 yrs Modified equipment used Launch pad stage	Friday	3.45 to 4.15pm	16th Oct 20	5th Feb 21	4 max.	\$130.00
	Saturday	9.45 to 10.15am	17th Oct 20	6th Feb 21	4 max.	\$130.00
	Monday	10.15 to 10.45am	19th Oct 20	8th Feb 21	4 max.	\$130.00
	Monday	3.45 to 4.15pm	19th Oct 20	8th Feb 21	4 max.	\$130.00
	Tuesday	3.45 to 4.15pm	20th Oct 20	9th Feb 21	4 max.	\$130.00
	Wednesday	3.45 to 4.15pm	21st Oct 20	10th Feb 21	4 max.	\$130.00
	Thursday	3.45 to 4.15pm	22nd Oct 20	11th Feb 21	4 max.	\$130.00
JUNIORS 5-7 yrs Modified equipment used Red stage	Friday	4.15 to 5.00pm	16th Oct 20	5th Feb 21	6 max.	\$160.00
	Friday	5.00 to 5.45pm	16th Oct 20	5th Feb 21	6 max.	\$160.00
	Saturday	9.00 to 9.45am	17th Oct 20	6th Feb 21	6 max.	\$160.00
	Monday	4.15 to 5.00pm	19th Oct 20	8th Feb 21	6 max.	\$160.00
	Tuesday	4.15 to 5.00pm	20th Oct 20	9th Feb 21	6 max.	\$160.00
	Wednesday	4.15 to 5.00pm	21st Oct 20	10th Feb 21	6 max.	\$160.00
JUNIORS 8+ yrs Beginner Level Modified balls used Orange stage	Friday	4.00 to 5.00pm	16th Oct 20	5th Feb 21	8 max.	\$190.00
	Friday	5.00 to 6.00pm	16th Oct 20	5th Feb 21	8 max.	\$190.00
	Saturday	9.00 to 10.00am	17th Oct 20	6th Feb 21	8 max.	\$190.00
	Monday	4.00 to 5.00pm	19th Oct 20	8th Feb 21	8 max.	\$190.00
	Tuesday	4.00 to 5.00pm	20th Oct 20	9th Feb 21	8 max.	\$190.00
	Wednesday	4.00 to 5.00pm	21st Oct 20	10th Feb 21	8 max.	\$190.00
	Thursday	4.00 to 5.00pm	22nd Oct 20	11th Feb 21	8 max.	\$190.00
JUNIORS 8+ yrs Intermediate Level Modified balls used Green stage	Friday	4.00 to 5.00pm	16th Oct 20	5th Feb 21	8 max.	\$190.00
	Friday	5.00 to 6.00pm	16th Oct 20	5th Feb 21	8 max.	\$190.00
	Saturday	9.00 to 10.00am	17th Oct 20	6th Feb 21	8 max.	\$190.00
	Monday	4.00 to 5.00pm	19th Oct 20	8th Feb 21	8 max.	\$190.00
	Tuesday	4.00 to 5.00pm	20th Oct 20	9th Feb 21	8 max.	\$190.00
	Wednesday	4.00 to 5.00pm	21st Oct 20	10th Feb 21	8 max.	\$190.00
	Thursday	4.00 to 5.00pm	22nd Oct 20	11th Feb 21	8 max.	\$190.00
JUNIORS SQUAD Yellow stage	Friday	5.00 to 6.30pm	16th Oct 20	5th Feb 21	8 max.	\$220.00
	Monday	5.00 to 6.30pm	19th Oct 20	8th Feb 21	8 max.	\$220.00
	Wednesday	5.00 to 6.30pm	21st Oct 20	10th Feb 21	8 max.	\$220.00
JUNIOR CLUB 20/21 9yrs and over	Friday	5.00 to 6.30pm	Term 4 - 9th Oct 20	Term 1 - 5th Feb 21	For information on Membership or Playing Pennants, email: <a href="mailto:managercbtc@gmail.com">managercbtc@gmail.com</a>	

# Enrol online at [www.coastaltennis.com.au](http://www.coastaltennis.com.au)

EFT payments into Account: Coastal Tennis BSB 036 226 Acc 517 488

For all enquiries ring Nick 0419 923 495



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## Pro Shop

We support Tennis Only and stock demo racquets. We also offer a 24 hour return re-stringing service.



## COASTAL TENNIS ADULT COACHING 2020/21

Class type	Day	Class time	Commences	Commences	Group	Per term	Duration
MATCH PLAY CLASS	Monday	7.00 to 8.30pm	12th Oct 20	1st Feb 21	8 max.	\$25.00 per class	8 weeks
Match Play Class for those of an intermediate/advanced standard that is made up of game based drills and also doubles play.							
ADULTS MORNING	Friday	9.15 to 11.15am	16th Oct 20	5th Feb 21	8 max.	\$30.00 per class	8 weeks
ADULTS CLASS	Tuesday	6.30 to 7.30pm	20th Oct 20	9th Feb 21	6 max.	\$185.00	8 weeks
Learn the fundamentals of the game in this 8 week program. Includes an introduction to match play.							

TWILIGHT TENNIS 20/21 MEMBERS ONLY	Wednesday	5.00 to 7.00pm	Term 4 - 14th Oct 20	Term 1 - 10th Feb 21
	- Free trial on first session for non-members, includes social sets & coaching tips... Twilight membership \$200 allows play Monday to Friday after 5pm For more information email: <a href="mailto:managercbtc@gmail.com">managercbtc@gmail.com</a>			

## CARDIO TENNIS - Max of 8 participants per session. Ring Nick 0419 923 495

Monday	9.15 to 10.15am	6.00 to 7.00pm	12th Oct 20	<b>\$20 per class or \$170 for 10 sessions.</b> Come down and join into Tennis Australia's latest initiative Cardio Tennis. It's a great way to get fit whilst playing sport!! Emphasis is on movement not technique so all standards and ages are welcome.
Tuesday	9.15 to 10.15am	6.30 to 7.30pm	13th Oct 20	
Wednesday	9.15 to 10.15am	-	14th Oct 20	
Thursday	9.15 to 10.15am	-	15th Oct 20	
<b>CARDIO BY APPOINTMENT - Group size 4-6</b> Get a group of friends together and enjoy exercising and playing tennis together. Book a term of 8 weeks for \$640 or hourly sessions \$90.				

SCHOOL HOLIDAY CLINIC Day/dates	Class time	Group size	Cost
Monday 5th to Friday 9th Oct 2020	9.00am to 12noon	8 max.	\$180.00 per week or \$45 per day
Monday 21st to Thursday 24th Dec 2020	9.00am to 12noon	8 max.	\$145.00 per week or \$45 per day
Monday 25th Jan to Friday 29th Jan 2021	9.00am to 12noon	8 max.	\$180.00 per week or \$45 per day
Half day for 4 -7 yrs 9.00am to 10.30am \$100 per week or \$25 per day			

## PRIVATE TUITION - Discounted rates apply when booking a block of 8 or more lessons. Available for all ages.

1/2 hour \$45	3/4 hour \$60	1 hour \$80	Private tuition will help to take your game to the next level
To book a session at a time that suits you call Nick Kirkbride 0419 923 495			

For all City Beach Tennis Club membership information visit [www.citybeachtennisclub.com.au](http://www.citybeachtennisclub.com.au)